Kachmann Mind Body Institute
Lutheran Hospital Campus
7900 W. Jefferson Blvd., Ste 108, MOB1
260 420 YOGA (9642)
KachmannMindBody.com

REGISTRATION FORM

NAME _____

ADDRESS _____

PHONE _____

EMAIL _____

PMT AMT CASH ☐ CHECK ☐ VISA/MC ☐

CARD NO. _____ EXPIRATION DATE _____

SIGNATURE _____

OFFICE USE ONLY

DATA ENTRY BY _____ DATE _____

EMAIL CONFIRMATION _____ DATE _____

kachmann mindBODY institute

Wellness Center for Healing

Cancer Recovery Program

8 Week Group Therapy Course

$125 / 8 week program
Pre-registered Program, call to sign up.
Wednesdays 7:15-8:15pm, April 22-June 10, 2009
Lutheran Hospital Campus

Learn to reduce stress, pain & symptoms of treatment & improve energy, immune function, & quality of life!

Our cancer care program is designed to meet the individual needs of patients before, during and after treatment. Patients receive support and learn self-care tools to help manage pain and assist in recovery.

Scientific research has proven that the mind body techniques we teach double a patients life span, increase spontaneous cure rates and increase hopefulness in 90% of patients.

During this eight week program patients will learn adaptive yoga techniques that include breathing exercises, body postures and movements, deep relaxation, guided imagery and visualization, and meditation. Lecture and discussion will also be part of each session as well. Participants will be required to fill out questionnaire before starting this program.

Program Director: Danielle McGuire, RYT,CYT